



## Week 1

Fri Sep 2 12:50 am ET	West Coast Offense	Released	Alex Smith	SFO	QB	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Jacoby Ford	OAK	WR	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Brandon Pettigrew	DET	TE	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Mike Sims-Walker	---	WR	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Zach Miller	SEA	TE	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Danny Woodhead	NWE	RB	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Washington Redskins	WAS	Def/ST	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Matt Bryant	ATL	K	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Braylon Edwards	---	WR	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Roscoe Parrish	BUF	WR	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	St. Louis Rams	STL	Def/ST	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Davone Bess	MIA	WR	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Matt Forte	CHI	RB	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Joe Flacco	BAL	QB	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Nate Washington	TEN	WR	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Derek Hagan	BUF	WR	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Brandon Jacobs	NYG	RB	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Kyle Orton	KAN	QB	Commissioner
Fri Sep 2 12:56 am ET	Steelers for LIFE	Released	Javon Ringer	TEN	RB	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Derrick Mason	---	WR	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Baltimore Ravens	BAL	Def/ST	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Jerricho Cotchery	PIT	WR	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Indianapolis Colts	IND	Def/ST	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Darren Sproles	NOR	RB	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Frank Gore	SFO	RB	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Matt Leinart	HOU	QB	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Patrick Crayton	SDG	WR	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Todd Heap	ARI	TE	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Jeremy Shockey	CAR	TE	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Jay Feely	ARI	K	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Peyton Manning	IND	QB	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Ryan Longwell	MIN	K	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Steve Slaton	MIA	RB	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Mike Hart	IND	RB	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Toby Gerhart	MIN	RB	Commissioner
Fri Sep 2 12:57 am ET	West Coast Offense	Released	Marques Colston	NOR	WR	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Brandon Marshall	MIA	WR	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Michael Hoomanawanui	STL	TE	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Blair White	IND	WR	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Danario Alexander	STL	WR	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Robert Meachem	NOR	WR	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Marshawn Lynch	SEA	RB	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Philadelphia Eagles	PHI	Def/ST	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Kansas City Chiefs	KAN	Def/ST	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Miami Dolphins	MIA	Def/ST	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	LaDainian Tomlinson	NYJ	RB	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Antonio Gates	SDG	TE	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Cedric Benson	CIN	RB	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Nick Folk	NYJ	K	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Kevin Boss	OAK	TE	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Brandon Tate	CIN	WR	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Andre Johnson	HOU	WR	Commissioner
Fri Sep 2 1:01 am ET	Jones-ing for a Miracle	Released	Donovan McNabb	---	QB	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	David Akers	SFO	K	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Anquan Boldin	BAL	WR	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Chicago Bears	CHI	Def/ST	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Mark Sanchez	NYJ	QB	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Matthew Stafford	DET	QB	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Mike Thomas	JAC	WR	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Johnny Knox	CHI	WR	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Fred Jackson	BUF	RB	Commissioner



# Roy's Football League

Fri Sep 2 1:03 am ET	Injured Reserves	Released	Chris Cooley	WAS	TE	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Jabar Gaffney	WAS	WR	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Pittsburgh Steelers	PIT	Def/ST	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Ricky Williams	BAL	RB	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Larry Fitzgerald	ARI	WR	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Adrian Peterson	MIN	RB	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Chris Wells	ARI	RB	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Jordan Shipley	CIN	WR	Commissioner
Fri Sep 2 1:03 am ET	Injured Reserves	Released	Rob Gronkowski	NWE	TE	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Eddie Royal	DEN	WR	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Kevin Smith	DET	RB	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Maurice Jones-Drew	JAC	RB	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Demaryius Thomas	DEN	WR	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Tim Tebow	DEN	QB	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Brandon LaFell	CAR	WR	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Jonathan Stewart	CAR	RB	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Arrelious Benn	TAM	WR	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Jacob Tamme	IND	TE	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Calvin Johnson	DET	WR	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	New York Jets	NYJ	Def/ST	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Reggie Bush	MIA	RB	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Carson Palmer	OAK	QB	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Shaun Suisham	PIT	K	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Mike Williams	SEA	WR	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	David Garrard	---	QB	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Randy Moss	---	WR	Commissioner
Fri Sep 2 1:10 am ET	SNAKEBACONS	Released	Michael Bush	OAK	RB	Commissioner
Fri Sep 2 1:11 am ET	SNAKEBACONS	Released	Arian Foster	HOU	RB	Commissioner
Fri Sep 2 1:11 am ET	SNAKEBACONS	Released	Dwayne Bowe	KAN	WR	Commissioner
Fri Sep 2 1:11 am ET	SNAKEBACONS	Acquired	Arrelious Benn	TAM	WR	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Seyi Ajirotutu	CAR	WR	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Pierre Garcon	IND	WR	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Chris Ivory	NOR	RB	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Pierre Thomas	NOR	RB	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Ryan Torain	WAS	RB	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Legedu Naanee	CAR	WR	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Brent Celek	PHI	TE	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Jason Snelling	ATL	RB	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Mike Goodson	CAR	RB	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Kevin Kolb	ARI	QB	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Adam Vinatieri	IND	K	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Nate Burleson	DET	WR	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Michael Turner	ATL	RB	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Santana Moss	WAS	WR	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Philip Rivers	SDG	QB	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	New Orleans Saints	NOR	Def/ST	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Green Bay Packers	GNB	Def/ST	Commissioner
Fri Sep 2 1:13 am ET	LORds of the gridiron	Released	Joseph Addai	IND	RB	Commissioner
Fri Sep 2 1:15 am ET	Steelers for LIFE	Acquired	Danny Woodhead	NWE	RB	Commissioner
Fri Sep 2 1:15 am ET	Steelers for LIFE	Released	Kellen Winslow	TAM	TE	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Tashard Choice	BUF	RB	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	James Jones	GNB	WR	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Greg Jennings	GNB	WR	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Lance Moore	NOR	WR	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Dexter McCluster	KAN	RB	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Tony Moeaki	KAN	TE	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Jahvid Best	DET	RB	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Terrell Owens	---	WR	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Sebastian Janikowski	OAK	K	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Carnell Williams	STL	RB	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Maurice Morris	DET	RB	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Tony Gonzalez	ATL	TE	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Lee Evans	BAL	WR	Commissioner



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Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Aaron Rodgers	GNB	QB	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Matt Ryan	ATL	QB	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Anthony Armstrong	WAS	WR	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Atlanta Falcons	ATL	Def/ST	Commissioner
Fri Sep 2 1:18 am ET	Leaf's Fan Club	Released	Dez Bryant	DAL	WR	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Jerious Norwood	STL	RB	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Mario Manningham	NYG	WR	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Mike Williams	TAM	WR	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Danny Amendola	STL	WR	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Ryan Mathews	SDG	RB	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	C.J. Spiller	BUF	RB	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Drew Brees	NOR	QB	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Correll Buckhalter	DEN	RB	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Nate Kaeding	SDG	K	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Louis Murphy	OAK	WR	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Roddy White	ATL	WR	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Chad Henne	MIA	QB	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Knowshon Moreno	DEN	RB	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Donald Brown	IND	RB	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Jason Witten	DAL	TE	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Denver Broncos	DEN	Def/ST	Commissioner
Fri Sep 2 1:20 am ET	Eastbound and Down	Released	Stephen Gostkowski	NWE	K	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Early Doucet	ARI	WR	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Jay Cutler	CHI	QB	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	DeAngelo Williams	CAR	RB	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Josh Morgan	SFO	WR	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Willis McGahee	DEN	RB	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Tennessee Titans	TEN	Def/ST	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Jon Kitna	DAL	QB	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Ronnie Brown	PHI	RB	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Heath Miller	PIT	TE	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Devery Henderson	NOR	WR	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Visanthe Shiancoe	MIN	TE	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Tony Romo	DAL	QB	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Deion Branch	NWE	WR	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Donald Driver	GNB	WR	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Arizona Cardinals	ARI	Def/ST	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Ryan Succop	KAN	K	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Bo Scaife	CIN	TE	Commissioner
Sun Sep 4 1:47 am ET	West Coast Titan Fan	Released	Chris Johnson	TEN	RB	Commissioner
Sun Sep 4 1:47 am ET	SNAKEBACONS	Taken off IR	Jermichael Finley	GNB	TE	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Steve Breaston	KAN	WR	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Bernard Scott	CIN	RB	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Austin Collie	IND	WR	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Brian Hartline	MIA	WR	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Hines Ward	PIT	WR	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Chester Taylor	ARI	RB	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Tom Brady	NWE	QB	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Seattle Seahawks	SEA	Def/ST	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Oakland Raiders	OAK	Def/ST	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	San Francisco 49ers	SFO	Def/ST	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Ray Rice	BAL	RB	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Percy Harvin	MIN	WR	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Jermaine Gresham	CIN	TE	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Jason Avant	PHI	WR	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Buster Davis	BUF	WR	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Vernon Davis	SFO	TE	Commissioner
Sun Sep 4 1:48 am ET	Nice Tries Are Worthless	Released	Neil Rackers	HOU	K	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Keiland Williams	DET	RB	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Owen Daniels	HOU	TE	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Tarvaris Jackson	SEA	QB	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Jerome Harrison	DET	RB	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Brian Westbrook	SFO	RB	Commissioner



# Roy's Football League

Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Minnesota Vikings	MIN	Def/ST	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	New York Giants	NYG	Def/ST	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Wes Welker	NWE	WR	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Eli Manning	NYG	QB	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Reggie Wayne	IND	WR	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Benjamin Watson	CLE	TE	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Steven Jackson	STL	RB	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Michael Crabtree	SFO	WR	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Brett Favre	---	QB	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Mason Crosby	GNB	K	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Ryan Fitzpatrick	BUF	QB	Commissioner
Sun Sep 4 1:50 am ET	Screamin' C-Men	Released	Marion Barber	CHI	RB	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Matt Cassel	KAN	QB	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Darrius Heyward-Bey	OAK	WR	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Dallas Cowboys	DAL	Def/ST	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Kevin Walter	HOU	WR	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Matt Schaub	HOU	QB	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Roy Williams	CHI	WR	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Dallas Clark	IND	TE	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Chad Ochocinco	NWE	WR	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Thomas Jones	KAN	RB	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	New England Patriots	NWE	Def/ST	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	DeSean Jackson	PHI	WR	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Dustin Keller	NYJ	TE	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Golden Tate	SEA	WR	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Anthony Fasano	MIA	TE	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Steve Smith	PHI	WR	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Brandon Jackson	CLE	RB	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Dan Carpenter	MIA	K	Commissioner
Sun Sep 4 1:51 am ET	Dunavan's Donnybrookers	Released	Justin Forsett	SEA	RB	Commissioner
Tue Sep 6 10:55 pm ET	Screamin' C-Men	Placed on IR	Chris Ivory	NOR	RB	Owner
Wed Sep 7 11:29 pm ET	Screamin' C-Men	Acquired	Steve Smith	PHI	WR	Owner
Fri Sep 9 2:49 am ET	Jones-ing for a Miracle	Placed on IR	Peyton Manning	IND	QB	Owner

Fri Sep 2 12:50 am ET	West Coast Offense	Acquired	Jones-ing for a Miracle	Acquired	Trade
	Peyton Hillis, RB		2011 Draft Rnd 4 Pick 9		
	Released: Alex Smith, QB				
	2011 Draft Rnd 20 Pick 2				

## Week 2

Thu Sep 15 12:49 am ET	West Coast Offense	Acquired	Devery Henderson	NOR	WR	Waiver Wire
Thu Sep 15 12:49 am ET	West Coast Titan Fan	Acquired	Rex Grossman	WAS	QB	Waiver Wire
Thu Sep 15 12:49 am ET	West Coast Offense	Released	Kevin Walter	HOU	WR	Waiver Wire
Thu Sep 15 12:49 am ET	West Coast Titan Fan	Released	Kyle Orton	KAN	QB	Waiver Wire
Thu Sep 15 12:49 am ET	Injured Reserves	Acquired	Tampa Bay Buccaneers	TAM	Def/ST	Waiver Wire
Thu Sep 15 12:49 am ET	Injured Reserves	Released	St. Louis Rams	STL	Def/ST	Waiver Wire
Thu Sep 15 12:49 am ET	West Coast Titan Fan	Acquired	Dexter McCluster	KAN	RB	Waiver Wire
Thu Sep 15 12:49 am ET	West Coast Titan Fan	Acquired	Anthony Armstrong	WAS	WR	Waiver Wire
Thu Sep 15 12:49 am ET	Injured Reserves	Acquired	Buffalo Bills	BUF	Def/ST	Waiver Wire
Thu Sep 15 12:49 am ET	SNAKEBACONS	Acquired	Scott Chandler	BUF	TE	Waiver Wire
Thu Sep 15 12:49 am ET	Nice Tries Are Worthless	Released	Jason Snelling	ATL	RB	Waiver Wire
Thu Sep 15 12:49 am ET	SNAKEBACONS	Released	Legedu Naanee	CAR	WR	Waiver Wire
Thu Sep 15 12:49 am ET	Nice Tries Are Worthless	Acquired	Washington Redskins	WAS	Def/ST	Waiver Wire
Thu Sep 15 12:49 am ET	Injured Reserves	Released	Kansas City Chiefs	KAN	Def/ST	Waiver Wire
Thu Sep 15 12:49 am ET	West Coast Titan Fan	Released	Chester Taylor	ARI	RB	Waiver Wire
Thu Sep 15 12:49 am ET	West Coast Titan Fan	Released	Mike Williams	SEA	WR	Waiver Wire
Thu Sep 15 12:49 am ET	West Coast Titan Fan	Acquired	Robbie Gould	CHI	K	Waiver Wire
Thu Sep 15 12:49 am ET	West Coast Titan Fan	Released	Rob Bironas	TEN	K	Waiver Wire
Fri Sep 16 3:49 am ET	LORds of the gridiron	Acquired	Jason Snelling	ATL	RB	Owner
Fri Sep 16 3:49 am ET	LORds of the gridiron	Placed on IR	Danny Amendola	STL	WR	Owner
Fri Sep 16 4:12 am ET	Steelers for LIFE	Acquired	Kyle Orton	KAN	QB	Owner
Fri Sep 16 4:12 am ET	Steelers for LIFE	Released	Matt Cassel	KAN	QB	Owner



# Roy's Football League

Fri Sep 16 4:32 am ET	Steelers for LIFE	Acquired	Nick Novak	SDG	K	Owner
Fri Sep 16 4:32 am ET	Steelers for LIFE	Released	Stevan Ridley	NWE	RB	Owner
Fri Sep 16 7:19 am ET	Jones-ing for a Miracle	Acquired	Kerry Collins	IND	QB	Owner
Fri Sep 16 7:21 am ET	Jones-ing for a Miracle	Acquired	Demaryius Thomas	DEN	WR	Owner
Fri Sep 16 7:21 am ET	Jones-ing for a Miracle	Released	Devin Aromashodu	MIN	WR	Owner
Fri Sep 16 2:44 pm ET	Steelers for LIFE	Acquired	Earnest Graham	TAM	RB	Owner
Fri Sep 16 2:44 pm ET	Steelers for LIFE	Released	Thomas Jones	KAN	RB	Owner
Fri Sep 16 7:45 pm ET	Injured Reserves	Acquired	Jonathan Baldwin	KAN	WR	Owner
Fri Sep 16 7:45 pm ET	Injured Reserves	Released	Domenik Hixon	NYG	WR	Owner
Fri Sep 16 7:47 pm ET	Injured Reserves	Acquired	Thomas Jones	KAN	RB	Owner
Fri Sep 16 7:47 pm ET	Injured Reserves	Placed on IR	Jonathan Baldwin	KAN	WR	Owner
Fri Sep 16 7:55 pm ET	Injured Reserves	Acquired	Ryan Williams	ARI	RB	Owner
Fri Sep 16 7:55 pm ET	Injured Reserves	Released	Montario Hardesty	CLE	RB	Owner
Fri Sep 16 7:56 pm ET	Injured Reserves	Acquired	Montario Hardesty	CLE	RB	Owner
Fri Sep 16 7:56 pm ET	Injured Reserves	Placed on IR	Ryan Williams	ARI	RB	Owner
Fri Sep 16 8:29 pm ET	Nice Tries Are Worthless	Acquired	Brian Hartline	MIA	WR	Owner
Fri Sep 16 8:29 pm ET	Nice Tries Are Worthless	Released	Derrick Ward	HOU	RB	Owner
Fri Sep 16 9:04 pm ET	West Coast Offense	Acquired	Michael Jenkins	MIN	WR	Owner
Fri Sep 16 9:04 pm ET	West Coast Offense	Placed on IR	Marion Barber	CHI	RB	Owner
Sat Sep 17 2:45 am ET	Steelers for LIFE	Released	Nick Novak	SDG	K	Commissioner
Sat Sep 17 5:39 am ET	Jones-ing for a Miracle	Placed on IR	Demaryius Thomas	DEN	WR	Owner
Sat Sep 17 5:43 am ET	Jones-ing for a Miracle	Acquired	Mike Williams	SEA	WR	Owner
Sat Sep 17 5:58 pm ET	SNAKEBACONS	Acquired	Jacquizz Rodgers	ATL	RB	Owner
Sat Sep 17 5:58 pm ET	SNAKEBACONS	Released	Kevin Boss	OAK	TE	Owner
Sat Sep 17 6:06 pm ET	SNAKEBACONS	Acquired	Doug Baldwin	SEA	WR	Owner
Sat Sep 17 6:06 pm ET	SNAKEBACONS	Acquired	Matt Hasselbeck	TEN	QB	Owner
Sat Sep 17 6:06 pm ET	SNAKEBACONS	Acquired	Greg Salas	STL	WR	Owner
Sat Sep 17 6:06 pm ET	SNAKEBACONS	Released	Josh Morgan	SFO	WR	Owner
Sat Sep 17 6:06 pm ET	SNAKEBACONS	Released	David Garrard	---	QB	Owner
Sat Sep 17 6:06 pm ET	SNAKEBACONS	Released	Scott Chandler	BUF	TE	Owner
Sat Sep 17 6:10 pm ET	SNAKEBACONS	Acquired	Darrius Heyward-Bey	OAK	WR	Owner
Sat Sep 17 6:10 pm ET	SNAKEBACONS	Acquired	Dion Lewis	PHI	RB	Owner
Sat Sep 17 6:10 pm ET	SNAKEBACONS	Released	Greg Salas	STL	WR	Owner
Sat Sep 17 6:10 pm ET	SNAKEBACONS	Placed on IR	Marques Colston	NOR	WR	Owner
Sun Sep 18 12:04 am ET	Screamin' C-Men	Acquired	Scott Chandler	BUF	TE	Owner
Sun Sep 18 12:04 am ET	Screamin' C-Men	Released	Victor Cruz	NYG	WR	Owner

Sat Sep 17 5:40 pm ET	West Coast Offense Nate Burleson, WR Earnest Graham, RB Maurice Jones-Drew, RB	Acquired	Steelers for LIFE Plaxico Burress, WR Steve Breaston, WR Arian Foster, RB	Acquired	Trade
Sat Sep 17 2:47 am ET	Steelers for LIFE Maurice Jones-Drew, RB Jeremy Maclin, WR Mike Thomas, WR	Acquired	Injured Reserves Chris Wells, RB Mike Williams, WR	Acquired	Trade

## Week 3

Tue Sep 20 2:30 pm ET	Injured Reserves	Placed on IR	Jamaal Charles	KAN	RB	Owner
Tue Sep 20 2:30 pm ET	Injured Reserves	Released	Ryan Williams	ARI	RB	Owner
Tue Sep 20 6:45 pm ET	West Coast Titan Fan	Placed on IR	Miles Austin	DAL	WR	Owner
Wed Sep 21 4:19 pm ET	West Coast Titan Fan	Placed on IR	Jacoby Ford	OAK	WR	Owner
Wed Sep 21 7:24 pm ET	Leaf's Fan Club	Placed on IR	Aaron Hernandez	NWE	TE	Owner
Thu Sep 22 12:52 am ET	Leaf's Fan Club	Acquired	Titus Young	DET	WR	Waiver Wire
Thu Sep 22 12:52 am ET	Leaf's Fan Club	Released	Andre Roberts	ARI	WR	Waiver Wire
Thu Sep 22 12:52 am ET	West Coast Titan Fan	Acquired	David Nelson	BUF	WR	Waiver Wire
Thu Sep 22 12:52 am ET	Leaf's Fan Club	Acquired	Dennis Pitta	BAL	TE	Waiver Wire
Thu Sep 22 12:52 am ET	West Coast Offense	Acquired	Jeff King	ARI	TE	Waiver Wire
Thu Sep 22 12:52 am ET	West Coast Titan Fan	Acquired	Danario Alexander	STL	WR	Waiver Wire
Thu Sep 22 12:52 am ET	West Coast Offense	Released	Devin Hester	CHI	WR	Waiver Wire
Thu Sep 22 12:52 am ET	Injured Reserves	Acquired	Brandon LaFell	CAR	WR	Waiver Wire
Thu Sep 22 12:52 am ET	Injured Reserves	Acquired	Tennessee Titans	TEN	Def/ST	Waiver Wire
Thu Sep 22 1:02 am ET	Steelers for LIFE	Placed on IR	Arian Foster	HOU	RB	Owner





# Roy's Football League

Thu Sep 22 2:11 pm ET	West Coast Offense	Released	Jared Cook	TEN	TE	Owner
Thu Sep 22 2:11 pm ET	West Coast Offense	Acquired	San Francisco 49ers	SFO	Def/ST	Owner
Thu Sep 22 2:15 pm ET	Leaf's Fan Club	Released	Lance Kendricks	STL	TE	Owner
Thu Sep 22 2:15 pm ET	Leaf's Fan Club	Acquired	Jared Cook	TEN	TE	Owner
Thu Sep 22 2:25 pm ET	West Coast Offense	Placed on IR	Knowshon Moreno	DEN	RB	Owner
Thu Sep 22 2:25 pm ET	West Coast Offense	Acquired	Preston Parker	TAM	WR	Owner
Thu Sep 22 4:17 pm ET	Injured Reserves	Released	Buffalo Bills	BUF	Def/ST	Owner
Thu Sep 22 4:17 pm ET	Injured Reserves	Acquired	Tony Scheffler	DET	TE	Owner
Thu Sep 22 4:55 pm ET	Dunavan's Donnybrookers	Placed on IR	Jordan Shipley	CIN	WR	Owner
Thu Sep 22 4:55 pm ET	Dunavan's Donnybrookers	Acquired	Kevin Ogletree	DAL	WR	Owner
Thu Sep 22 4:56 pm ET	Leaf's Fan Club	Released	Delone Carter	IND	RB	Owner
Thu Sep 22 4:56 pm ET	Leaf's Fan Club	Acquired	Bernard Scott	CIN	RB	Owner
Thu Sep 22 5:47 pm ET	LORds of the gridiron	Released	Harry Douglas	ATL	WR	Owner
Thu Sep 22 5:47 pm ET	LORds of the gridiron	Acquired	Donald Jones	BUF	WR	Owner
Thu Sep 22 6:55 pm ET	West Coast Titan Fan	Released	Anthony Armstrong	WAS	WR	Owner
Thu Sep 22 6:55 pm ET	West Coast Titan Fan	Acquired	Delone Carter	IND	RB	Owner
Fri Sep 23 3:33 am ET	Jones-ing for a Miracle	Released	Mike Williams	SEA	WR	Owner
Fri Sep 23 3:33 am ET	Jones-ing for a Miracle	Acquired	Andre Caldwell	CIN	WR	Owner
Fri Sep 23 3:34 am ET	Jones-ing for a Miracle	Released	Kerry Collins	IND	QB	Owner
Fri Sep 23 3:34 am ET	Jones-ing for a Miracle	Acquired	Mike Kafka	PHI	QB	Owner
Fri Sep 23 1:39 pm ET	West Coast Titan Fan	Released	Robbie Gould	CHI	K	Owner
Fri Sep 23 1:39 pm ET	West Coast Titan Fan	Acquired	John Kasay	NOR	K	Owner
Fri Sep 23 7:37 pm ET	LORds of the gridiron	Placed on IR	Malcom Floyd	SDG	WR	Owner
Fri Sep 23 7:43 pm ET	LORds of the gridiron	Acquired	Blaine Gabbert	JAC	QB	Owner
Sat Sep 24 1:35 am ET	Steelers for LIFE	Placed on IR	Lee Evans	BAL	WR	Owner
Sat Sep 24 1:35 am ET	Steelers for LIFE	Acquired	Jon Kitna	DAL	QB	Owner
Sat Sep 24 1:56 am ET	Screamin' C-Men	Placed on IR	Jacoby Jones	HOU	WR	Owner
Sat Sep 24 11:14 pm ET	Steelers for LIFE	Acquired	Randy McMichael	SDG	TE	Owner
Sun Sep 25 11:59 am ET	Screamin' C-Men	Acquired	Jason Campbell	OAK	QB	Owner

## Week 4

Thu Sep 29 12:47 am ET	Nice Tries Are Worthless	Released	Donald Driver	GNB	WR	Waiver Wire
Thu Sep 29 12:47 am ET	Nice Tries Are Worthless	Acquired	Torrey Smith	BAL	WR	Waiver Wire
Thu Sep 29 12:47 am ET	LORds of the gridiron	Acquired	Donnie Avery	TEN	WR	Waiver Wire
Thu Sep 29 12:47 am ET	Dunavan's Donnybrookers	Acquired	Laurent Robinson	DAL	WR	Waiver Wire
Thu Sep 29 12:47 am ET	LORds of the gridiron	Acquired	Tim Tebow	DEN	QB	Waiver Wire
Thu Sep 29 12:47 am ET	Steelers for LIFE	Acquired	Victor Cruz	NYG	WR	Waiver Wire
Thu Sep 29 12:47 am ET	Dunavan's Donnybrookers	Placed on IR	Kenny Britt	TEN	WR	Waiver Wire
Thu Sep 29 12:47 am ET	Steelers for LIFE	Released	Jon Kitna	DAL	QB	Waiver Wire
Thu Sep 29 12:47 am ET	LORds of the gridiron	Released	Dezmon Briscoe	TAM	WR	Waiver Wire
Thu Sep 29 12:47 am ET	LORds of the gridiron	Released	Jason Snelling	ATL	RB	Waiver Wire
Thu Sep 29 12:47 am ET	Steelers for LIFE	Released	Steve Breaston	KAN	WR	Waiver Wire
Thu Sep 29 12:47 am ET	Steelers for LIFE	Acquired	Cincinnati Bengals	CIN	Def/ST	Waiver Wire
Thu Sep 29 2:21 pm ET	Dunavan's Donnybrookers	Released	Kevin Ogletree	DAL	WR	Owner
Thu Sep 29 2:21 pm ET	Dunavan's Donnybrookers	Acquired	Damian Williams	TEN	WR	Owner
Thu Sep 29 3:09 pm ET	West Coast Offense	Released	Jeff King	ARI	TE	Owner
Thu Sep 29 3:10 pm ET	West Coast Offense	Acquired	James Casey	HOU	TE	Owner
Thu Sep 29 3:10 pm ET	West Coast Offense	Released	Preston Parker	TAM	WR	Owner
Thu Sep 29 3:10 pm ET	West Coast Offense	Acquired	Joshua Cribbs	CLE	WR	Owner
Thu Sep 29 3:12 pm ET	West Coast Offense	Released	Zach Miller	SEA	TE	Owner
Thu Sep 29 3:12 pm ET	West Coast Offense	Acquired	Dane Sanzenbacher	CHI	WR	Owner
Thu Sep 29 3:14 pm ET	West Coast Offense	Released	Christian Ponder	MIN	QB	Owner
Thu Sep 29 3:14 pm ET	West Coast Offense	Acquired	Jason Hanson	DET	K	Owner
Fri Sep 30 8:24 pm ET	LORds of the gridiron	Released	Blaine Gabbert	JAC	QB	Owner
Fri Sep 30 8:24 pm ET	LORds of the gridiron	Acquired	Indianapolis Colts	IND	Def/ST	Owner
Sat Oct 1 12:52 am ET	Steelers for LIFE	Taken off IR	Arian Foster	HOU	RB	Owner
Sat Oct 1 12:52 am ET	Steelers for LIFE	Placed on IR	Tony Romo	DAL	QB	Owner
Sun Oct 2 12:49 pm ET	West Coast Titan Fan	Taken off IR	Jacoby Ford	OAK	WR	Owner
Sun Oct 2 12:49 pm ET	West Coast Titan Fan	Released	Delone Carter	IND	RB	Owner

## Week 5

Tue Oct 4 8:13 am ET	LORds of the gridiron	Taken off IR	Malcom Floyd	SDG	WR	Owner
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# Roy's Football League

Tue Oct 4 8:13 am ET	LORds of the gridiron	Placed on IR	Daniel Thomas	MIA	RB	Owner
Tue Oct 4 2:40 pm ET	Steelers for LIFE	Taken off IR	Tony Romo	DAL	QB	Owner
Tue Oct 4 2:40 pm ET	Steelers for LIFE	Released	Randy McMichael	SDG	TE	Owner
Tue Oct 4 9:46 pm ET	Screamin' C-Men	Released	Davone Bess	MIA	WR	Owner
Tue Oct 4 9:46 pm ET	Screamin' C-Men	Taken off IR	Jacoby Jones	HOU	WR	Owner
Tue Oct 4 10:22 pm ET	SNAKEBACONS	Placed on IR	Eddie Royal	DEN	WR	Owner
Thu Oct 6 12:49 am ET	SNAKEBACONS	Released	DeMarco Murray	DAL	RB	Waiver Wire
Thu Oct 6 12:49 am ET	SNAKEBACONS	Acquired	Preston Parker	TAM	WR	Waiver Wire
Thu Oct 6 12:49 am ET	Steelers for LIFE	Released	Jerome Harrison	DET	RB	Waiver Wire
Thu Oct 6 12:49 am ET	Steelers for LIFE	Acquired	Stevan Ridley	NWE	RB	Waiver Wire
Thu Oct 6 12:49 am ET	West Coast Titan Fan	Released	Rex Grossman	WAS	QB	Waiver Wire
Thu Oct 6 12:49 am ET	LORds of the gridiron	Acquired	Vincent Brown	SDG	WR	Waiver Wire
Thu Oct 6 12:49 am ET	West Coast Titan Fan	Released	Brent Celek	PHI	TE	Waiver Wire
Thu Oct 6 12:49 am ET	West Coast Titan Fan	Acquired	Kevin Boss	OAK	TE	Waiver Wire
Thu Oct 6 12:49 am ET	LORds of the gridiron	Released	Evan Moore	CLE	TE	Waiver Wire
Thu Oct 6 12:49 am ET	West Coast Titan Fan	Acquired	Isaac Redman	PIT	RB	Waiver Wire
Thu Oct 6 12:49 am ET	Leaf's Fan Club	Released	Cleveland Browns	CLE	Def/ST	Waiver Wire
Thu Oct 6 12:49 am ET	Leaf's Fan Club	Acquired	Buffalo Bills	BUF	Def/ST	Waiver Wire
Thu Oct 6 4:26 am ET	Steelers for LIFE	Released	Atlanta Falcons	ATL	Def/ST	Owner
Thu Oct 6 4:26 am ET	Steelers for LIFE	Acquired	Cleveland Browns	CLE	Def/ST	Owner
Thu Oct 6 11:44 am ET	West Coast Offense	Released	Joshua Cribbs	CLE	WR	Owner
Thu Oct 6 11:44 am ET	West Coast Offense	Acquired	Davone Bess	MIA	WR	Owner
Thu Oct 6 11:45 am ET	West Coast Offense	Released	Dane Sanzenbacher	CHI	WR	Owner
Thu Oct 6 11:45 am ET	West Coast Offense	Acquired	Jason Avant	PHI	WR	Owner
Thu Oct 6 2:22 pm ET	Dunavan's Donnybrookers	Released	Chris Cooley	WAS	TE	Owner
Thu Oct 6 2:22 pm ET	Dunavan's Donnybrookers	Acquired	DeMarco Murray	DAL	RB	Owner
Thu Oct 6 5:28 pm ET	West Coast Titan Fan	Placed on IR	Andre Johnson	HOU	WR	Owner
Thu Oct 6 9:37 pm ET	Dunavan's Donnybrookers	Released	Minnesota Vikings	MIN	Def/ST	Owner
Thu Oct 6 9:37 pm ET	Dunavan's Donnybrookers	Acquired	Jacksonville Jaguars	JAC	Def/ST	Owner
Thu Oct 6 9:48 pm ET	LORds of the gridiron	Released	Danny Amendola	STL	WR	Owner
Thu Oct 6 10:03 pm ET	Dunavan's Donnybrookers	Released	James Jones	GNB	WR	Owner
Thu Oct 6 10:03 pm ET	Dunavan's Donnybrookers	Acquired	Josh Morgan	SFO	WR	Owner
Thu Oct 6 10:08 pm ET	Dunavan's Donnybrookers	Released	Damian Williams	TEN	WR	Owner
Thu Oct 6 10:08 pm ET	Dunavan's Donnybrookers	Acquired	Joshua Cribbs	CLE	WR	Owner
Thu Oct 6 10:18 pm ET	Dunavan's Donnybrookers	Released	Joshua Cribbs	CLE	WR	Owner
Thu Oct 6 10:18 pm ET	Dunavan's Donnybrookers	Acquired	Lavelle Hawkins	TEN	WR	Owner
Fri Oct 7 1:56 pm ET	SNAKEBACONS	Released	Dion Lewis	PHI	RB	Owner
Fri Oct 7 1:56 pm ET	SNAKEBACONS	Acquired	Jackie Battle	KAN	RB	Owner
Fri Oct 7 2:39 pm ET	SNAKEBACONS	Placed on IR	Marques Colston	NOR	WR	Owner
Fri Oct 7 2:39 pm ET	SNAKEBACONS	Acquired	Delone Carter	IND	RB	Owner
Fri Oct 7 3:09 pm ET	LORds of the gridiron	Released	Indianapolis Colts	IND	Def/ST	Owner
Fri Oct 7 3:10 pm ET	LORds of the gridiron	Acquired	Kevin Walter	HOU	WR	Owner
Fri Oct 7 4:27 pm ET	Leaf's Fan Club	Released	Dennis Pitta	BAL	TE	Owner
Fri Oct 7 4:27 pm ET	Leaf's Fan Club	Acquired	Dan Bailey	DAL	K	Owner
Fri Oct 7 4:31 pm ET	Leaf's Fan Club	Released	Dan Bailey	DAL	K	Owner
Fri Oct 7 4:32 pm ET	Leaf's Fan Club	Acquired	Mike Nugent	CIN	K	Owner
Fri Oct 7 4:32 pm ET	Leaf's Fan Club	Released	Bernard Scott	CIN	RB	Owner
Fri Oct 7 4:32 pm ET	Leaf's Fan Club	Acquired	Da'Rel Scott	NYG	RB	Owner
Sat Oct 8 2:08 am ET	Injured Reserves	Released	Chad Henne	MIA	QB	Owner
Sat Oct 8 2:08 am ET	Injured Reserves	Taken off IR	Jonathan Baldwin	KAN	WR	Owner
Sat Oct 8 2:09 am ET	Injured Reserves	Released	Tony Scheffler	DET	TE	Owner
Sat Oct 8 2:09 am ET	Injured Reserves	Acquired	Rex Grossman	WAS	QB	Owner
Sat Oct 8 3:34 am ET	Steelers for LIFE	Placed on IR	Danny Woodhead	NWE	RB	Owner
Sat Oct 8 1:03 pm ET	SNAKEBACONS	Placed on IR	Brandon Jacobs	NYG	RB	Owner
Sat Oct 8 1:03 pm ET	SNAKEBACONS	Taken off IR	Marques Colston	NOR	WR	Owner
Sun Oct 9 5:22 am ET	Jones-ing for a Miracle	Released	Demaryius Thomas	DEN	WR	Owner
Sun Oct 9 5:22 am ET	Jones-ing for a Miracle	Placed on IR	Antonio Gates	SDG	TE	Owner
Sun Oct 9 5:22 am ET	Jones-ing for a Miracle	Acquired	Steve Breaston	KAN	WR	Owner
Sun Oct 9 7:25 am ET	Leaf's Fan Club	Taken off IR	Aaron Hernandez	NWE	TE	Owner
Sun Oct 9 7:25 am ET	Leaf's Fan Club	Released	Billy Cundiff	BAL	K	Owner

Week 6



# Roy's Football League

Tue Oct 11 10:51 pm ET	Dunavan's Donnybrookers	Released	Josh Morgan	SFO	WR	Owner
Tue Oct 11 10:51 pm ET	Dunavan's Donnybrookers	Taken off IR	Jordan Shipley	CIN	WR	Owner
Wed Oct 12 1:29 am ET	Steelers for LIFE	Released	Kyle Orton	KAN	QB	Owner
Wed Oct 12 9:10 am ET	West Coast Titan Fan	Taken off IR	Miles Austin	DAL	WR	Owner
Wed Oct 12 9:10 am ET	West Coast Titan Fan	Released	Isaac Redman	PIT	RB	Owner
Thu Oct 13 12:52 am ET	Nice Tries Are Worthless	Acquired	Curtis Painter	IND	QB	Waiver Wire
Thu Oct 13 12:52 am ET	Nice Tries Are Worthless	Released	Brian Hartline	MIA	WR	Waiver Wire
Thu Oct 13 12:52 am ET	SNAKEBACONS	Released	Donovan McNabb	---	QB	Waiver Wire
Thu Oct 13 12:52 am ET	Injured Reserves	Acquired	Jonathan Dwyer	PIT	RB	Waiver Wire
Thu Oct 13 12:52 am ET	Dunavan's Donnybrookers	Acquired	Joshua Cribbs	CLE	WR	Waiver Wire
Thu Oct 13 12:52 am ET	Leaf's Fan Club	Acquired	Mark Clayton	STL	WR	Waiver Wire
Thu Oct 13 12:52 am ET	Leaf's Fan Club	Released	Mike Sims-Walker	---	WR	Waiver Wire
Thu Oct 13 12:52 am ET	LORds of the gridiron	Acquired	James Jones	GNB	WR	Waiver Wire
Thu Oct 13 12:52 am ET	LORds of the gridiron	Released	Vincent Brown	SDG	WR	Waiver Wire
Thu Oct 13 12:52 am ET	Injured Reserves	Released	Brandon LaFell	CAR	WR	Waiver Wire
Thu Oct 13 12:52 am ET	SNAKEBACONS	Acquired	Damian Williams	TEN	WR	Waiver Wire
Thu Oct 13 12:52 am ET	Dunavan's Donnybrookers	Released	Jordan Shipley	CIN	WR	Waiver Wire
Thu Oct 13 12:52 am ET	Steelers for LIFE	Acquired	Alex Smith	SFO	QB	Waiver Wire
Thu Oct 13 12:52 am ET	LORds of the gridiron	Released	Donnie Avery	TEN	WR	Waiver Wire
Thu Oct 13 12:52 am ET	LORds of the gridiron	Acquired	Minnesota Vikings	MIN	Def/ST	Waiver Wire
Thu Oct 13 12:52 am ET	LORds of the gridiron	Released	Alex Henery	PHI	K	Waiver Wire
Thu Oct 13 12:52 am ET	LORds of the gridiron	Acquired	Evan Moore	CLE	TE	Waiver Wire
Thu Oct 13 12:52 am ET	LORds of the gridiron	Acquired	Dan Bailey	DAL	K	Waiver Wire
Thu Oct 13 12:52 am ET	LORds of the gridiron	Released	Arizona Cardinals	ARI	Def/ST	Waiver Wire
Thu Oct 13 4:12 am ET	Steelers for LIFE	Released	Cleveland Browns	CLE	Def/ST	Owner
Thu Oct 13 4:12 am ET	Steelers for LIFE	Acquired	Nick Novak	SDG	K	Owner
Thu Oct 13 10:01 am ET	Nice Tries Are Worthless	Released	Braylon Edwards	---	WR	Owner
Thu Oct 13 10:01 am ET	Nice Tries Are Worthless	Acquired	Jake Ballard	NYG	TE	Owner
Thu Oct 13 11:35 am ET	West Coast Titan Fan	Released	Dexter McCluster	KAN	RB	Owner
Thu Oct 13 11:35 am ET	West Coast Titan Fan	Acquired	Matt Cassel	KAN	QB	Owner
Thu Oct 13 1:30 pm ET	LORds of the gridiron	Placed on IR	Donald Jones	BUF	WR	Commissioner
Thu Oct 13 2:54 pm ET	West Coast Offense	Released	Knowshon Moreno	DEN	RB	Owner
Thu Oct 13 2:54 pm ET	West Coast Offense	Released	Marion Barber	CHI	RB	Owner
Fri Oct 14 3:44 pm ET	Dunavan's Donnybrookers	Placed on IR	Joshua Cribbs	CLE	WR	Owner
Fri Oct 14 3:44 pm ET	Dunavan's Donnybrookers	Acquired	Dane Sanzenbacher	CHI	WR	Owner
Fri Oct 14 6:35 pm ET	West Coast Titan Fan	Released	Kevin Boss	OAK	TE	Owner
Fri Oct 14 6:35 pm ET	West Coast Titan Fan	Acquired	Isaac Redman	PIT	RB	Owner
Sat Oct 15 3:41 am ET	SNAKEBACONS	Released	Preston Parker	TAM	WR	Owner
Sat Oct 15 3:41 am ET	SNAKEBACONS	Acquired	Knowshon Moreno	DEN	RB	Owner
Sat Oct 15 3:56 am ET	SNAKEBACONS	Released	New York Giants	NYG	Def/ST	Owner
Sat Oct 15 3:56 am ET	SNAKEBACONS	Acquired	Mikel Leshoure	DET	RB	Owner
Sat Oct 15 3:56 am ET	SNAKEBACONS	Placed on IR	Mikel Leshoure	DET	RB	Owner
Sat Oct 15 3:56 am ET	SNAKEBACONS	Taken off IR	Eddie Royal	DEN	WR	Owner
Sat Oct 15 3:57 am ET	SNAKEBACONS	Released	Eddie Royal	DEN	WR	Owner
Sat Oct 15 3:57 am ET	SNAKEBACONS	Acquired	Demaryius Thomas	DEN	WR	Owner
Sat Oct 15 12:30 pm ET	Steelers for LIFE	Placed on IR	Lee Evans	BAL	WR	Owner
Sat Oct 15 12:31 pm ET	Steelers for LIFE	Acquired	Denver Broncos	DEN	Def/ST	Owner
Sat Oct 15 12:51 pm ET	West Coast Offense	Released	James Casey	HOU	TE	Commissioner
Sat Oct 15 1:10 pm ET	SNAKEBACONS	Released	Jacquizz Rodgers	ATL	RB	Owner
Sat Oct 15 1:10 pm ET	SNAKEBACONS	Acquired	Seattle Seahawks	SEA	Def/ST	Owner
Sat Oct 15 1:17 pm ET	SNAKEBACONS	Acquired	Chris Cooley	WAS	TE	Owner
Sat Oct 15 6:14 pm ET	West Coast Offense	Released	Josh Brown	STL	K	Owner
Sat Oct 15 6:14 pm ET	West Coast Offense	Acquired	Dexter McCluster	KAN	RB	Owner
Sun Oct 16 1:04 am ET	Screamin' C-Men	Placed on IR	LeGarrette Blount	TAM	RB	Owner
Sun Oct 16 3:29 am ET	Injured Reserves	Released	Tampa Bay Buccaneers	TAM	Def/ST	Owner
Sun Oct 16 3:30 am ET	Injured Reserves	Acquired	New York Giants	NYG	Def/ST	Owner
Mon Oct 17 7:47 pm ET	LORds of the gridiron	Placed on IR	Daniel Thomas	MIA	RB	Owner





Sat Oct 15 12:51 pm ET	SNAKEBACONS	Acquired	West Coast Offense	Acquired	Trade
	San Francisco 49ers, Def/ST		Green Bay Packers, Def/ST		
	Earnest Graham, RB		Hines Ward, WR		
	Cam Newton, QB		Michael Turner, RB		
			Jermichael Finley, TE		
			Released: James Casey, TE		

## Week 7

Thu Oct 20 12:52 am ET	West Coast Offense	Released	Devery Henderson	NOR	WR	Waiver Wire
Thu Oct 20 12:52 am ET	West Coast Offense	Acquired	Carson Palmer	OAK	QB	Waiver Wire
Thu Oct 20 12:52 am ET	LORds of the gridiron	Acquired	Naaman Roosevelt	BUF	WR	Waiver Wire
Thu Oct 20 12:52 am ET	SNAKEBACONS	Released	Stephen Gostkowski	NWE	K	Waiver Wire
Thu Oct 20 12:52 am ET	LORds of the gridiron	Released	Minnesota Vikings	MIN	Def/ST	Waiver Wire
Thu Oct 20 12:52 am ET	LORds of the gridiron	Acquired	Oakland Raiders	OAK	Def/ST	Waiver Wire
Thu Oct 20 12:52 am ET	SNAKEBACONS	Released	Chris Cooley	WAS	TE	Waiver Wire
Thu Oct 20 12:52 am ET	SNAKEBACONS	Acquired	Billy Cundiff	BAL	K	Waiver Wire
Thu Oct 20 12:52 am ET	LORds of the gridiron	Released	Evan Moore	CLE	TE	Waiver Wire
Thu Oct 20 12:52 am ET	LORds of the gridiron	Acquired	Bernard Scott	CIN	RB	Waiver Wire
Thu Oct 20 12:52 am ET	SNAKEBACONS	Acquired	Lance Kendricks	STL	TE	Waiver Wire
Thu Oct 20 12:52 am ET	Leaf's Fan Club	Released	Bilal Powell	NYJ	RB	Waiver Wire
Thu Oct 20 12:52 am ET	Leaf's Fan Club	Acquired	Robbie Gould	CHI	K	Waiver Wire
Thu Oct 20 12:52 am ET	Leaf's Fan Club	Acquired	Tampa Bay Buccaneers	TAM	Def/ST	Waiver Wire
Thu Oct 20 12:52 am ET	Leaf's Fan Club	Released	Da'Rel Scott	NYG	RB	Waiver Wire
Thu Oct 20 4:52 am ET	Jones-ing for a Miracle	Released	Mike Kafka	PHI	QB	Owner
Thu Oct 20 4:52 am ET	Jones-ing for a Miracle	Acquired	John Beck	WAS	QB	Owner
Thu Oct 20 7:38 am ET	Jones-ing for a Miracle	Released	Andre Caldwell	CIN	WR	Owner
Thu Oct 20 7:38 am ET	Jones-ing for a Miracle	Acquired	Greg Salas	STL	WR	Owner
Thu Oct 20 1:51 pm ET	SNAKEBACONS	Acquired	Keiland Williams	DET	RB	Owner
Thu Oct 20 1:51 pm ET	SNAKEBACONS	Released	Damian Williams	TEN	WR	Owner
Thu Oct 20 3:51 pm ET	West Coast Titan Fan	Acquired	John Kuhn	GNB	RB	Owner
Thu Oct 20 3:51 pm ET	West Coast Titan Fan	Released	Jacoby Ford	OAK	WR	Owner
Thu Oct 20 4:00 pm ET	West Coast Titan Fan	Acquired	Preston Parker	TAM	WR	Owner
Thu Oct 20 4:00 pm ET	West Coast Titan Fan	Released	John Kuhn	GNB	RB	Owner
Thu Oct 20 6:54 pm ET	Dunavan's Donnybrookers	Released	Joshua Cribbs	CLE	WR	Owner
Thu Oct 20 8:08 pm ET	Nice Tries Are Worthless	Acquired	Maurice Morris	DET	RB	Owner
Thu Oct 20 8:08 pm ET	Nice Tries Are Worthless	Released	Chad Ochocinco	NWE	WR	Owner
Fri Oct 21 8:58 pm ET	LORds of the gridiron	Placed on IR	Jahvid Best	DET	RB	Owner
Fri Oct 21 8:58 pm ET	LORds of the gridiron	Taken off IR	Daniel Thomas	MIA	RB	Owner
Sat Oct 22 1:35 am ET	Screamin' C-Men	Acquired	Chris Ogbonnaya	CLE	RB	Owner
Sat Oct 22 1:35 am ET	Screamin' C-Men	Released	Jason Campbell	OAK	QB	Owner
Sat Oct 22 11:08 pm ET	Screamin' C-Men	Acquired	Damian Williams	TEN	WR	Owner
Sat Oct 22 11:08 pm ET	Screamin' C-Men	Released	New Orleans Saints	NOR	Def/ST	Owner
Sun Oct 23 3:17 am ET	Steelers for LIFE	Taken off IR	Danny Woodhead	NWE	RB	Owner
Sun Oct 23 3:17 am ET	Steelers for LIFE	Placed on IR	Sebastian Janikowski	OAK	K	Owner
Sun Oct 23 5:18 am ET	Jones-ing for a Miracle	Taken off IR	Antonio Gates	SDG	TE	Owner
Sun Oct 23 5:18 am ET	Jones-ing for a Miracle	Placed on IR	Julio Jones	ATL	WR	Owner
Sun Oct 23 11:58 am ET	West Coast Titan Fan	Acquired	Donald Brown	IND	RB	Owner
Sun Oct 23 11:58 am ET	West Coast Titan Fan	Released	Preston Parker	TAM	WR	Owner

## Week 8

Wed Oct 26 4:56 am ET	SNAKEBACONS	Taken off IR	Brandon Jacobs	NYG	RB	Owner
Wed Oct 26 4:56 am ET	SNAKEBACONS	Released	Earnest Graham	TAM	RB	Owner
Wed Oct 26 10:06 am ET	LORds of the gridiron	Placed on IR	Santana Moss	WAS	WR	Owner
Wed Oct 26 10:10 am ET	LORds of the gridiron	Placed on IR	Jahvid Best	DET	RB	Owner
Wed Oct 26 10:10 am ET	LORds of the gridiron	Released	Donald Jones	BUF	WR	Owner
Thu Oct 27 12:55 am ET	Dunavan's Donnybrookers	Acquired	Visanthe Shiancoe	MIN	TE	Waiver Wire
Thu Oct 27 12:55 am ET	LORds of the gridiron	Released	Oakland Raiders	OAK	Def/ST	Waiver Wire
Thu Oct 27 12:55 am ET	LORds of the gridiron	Acquired	New Orleans Saints	NOR	Def/ST	Waiver Wire
Thu Oct 27 12:55 am ET	Steelers for LIFE	Released	Denver Broncos	DEN	Def/ST	Waiver Wire
Thu Oct 27 12:55 am ET	Dunavan's Donnybrookers	Released	Lavelle Hawkins	TEN	WR	Waiver Wire
Thu Oct 27 12:55 am ET	Steelers for LIFE	Acquired	Braylon Edwards	---	WR	Waiver Wire
Thu Oct 27 12:55 am ET	Steelers for LIFE	Released	Alex Smith	SFO	QB	Waiver Wire



Thu Oct 27 12:55 am ET	Steelers for LIFE	Acquired	Christian Ponder	MIN	QB	Waiver Wire
Thu Oct 27 7:42 am ET	Nice Tries Are Worthless	Acquired	Rian Lindell	BUF	K	Owner
Thu Oct 27 7:42 am ET	Nice Tries Are Worthless	Placed on IR	Tim Hightower	WAS	RB	Owner
Thu Oct 27 7:43 am ET	Nice Tries Are Worthless	Acquired	Jeremy Kerley	NYJ	WR	Owner
Thu Oct 27 7:43 am ET	Nice Tries Are Worthless	Released	Derrick Mason	---	WR	Owner
Thu Oct 27 9:20 am ET	LORds of the gridiron	Acquired	Cleveland Browns	CLE	Def/ST	Owner
Thu Oct 27 9:20 am ET	LORds of the gridiron	Placed on IR	Jahvid Best	DET	RB	Owner
Thu Oct 27 3:01 pm ET	SNAKEBACONS	Acquired	Ryan Williams	ARI	RB	Owner
Thu Oct 27 3:01 pm ET	SNAKEBACONS	Released	Lance Kendricks	STL	TE	Owner
Thu Oct 27 3:01 pm ET	SNAKEBACONS	Placed on IR	Ryan Williams	ARI	RB	Owner
Thu Oct 27 3:03 pm ET	SNAKEBACONS	Acquired	Niles Paul	WAS	WR	Owner
Sat Oct 29 1:43 am ET	Injured Reserves	Acquired	Alex Smith	SFO	QB	Owner
Sat Oct 29 1:43 am ET	Injured Reserves	Released	Rex Grossman	WAS	QB	Owner
Sat Oct 29 1:46 am ET	Injured Reserves	Acquired	David Akers	SFO	K	Owner
Sat Oct 29 1:46 am ET	Injured Reserves	Released	Shaun Suisham	PIT	K	Owner
Sat Oct 29 1:50 am ET	Injured Reserves	Acquired	Jacquizz Rodgers	ATL	RB	Owner
Sat Oct 29 1:50 am ET	Injured Reserves	Released	Thomas Jones	KAN	RB	Owner
Sat Oct 29 2:34 am ET	Steelers for LIFE	Taken off IR	Sebastian Janikowski	OAK	K	Owner
Sat Oct 29 2:34 am ET	Steelers for LIFE	Placed on IR	Braylon Edwards	---	WR	Owner
Sun Oct 30 7:31 am ET	Jones-ing for a Miracle	Acquired	Stephen Gostkowski	NWE	K	Owner
Sun Oct 30 7:31 am ET	Jones-ing for a Miracle	Released	Matt Bryant	ATL	K	Owner
Sun Oct 30 8:45 am ET	Dunavan's Donnybrookers	Acquired	Phillip Tanner	DAL	RB	Owner
Sun Oct 30 8:45 am ET	Dunavan's Donnybrookers	Placed on IR	Sam Bradford	STL	QB	Owner
Sun Oct 30 12:42 pm ET	Steelers for LIFE	Placed on IR	Mike Tolbert	SDG	RB	Owner
Sun Oct 30 12:42 pm ET	Steelers for LIFE	Taken off IR	Braylon Edwards	---	WR	Owner

## Week 9

Thu Nov 3 12:50 am ET	Nice Tries Are Worthless	Released	Curtis Painter	IND	QB	Waiver Wire
Thu Nov 3 12:50 am ET	LORds of the gridiron	Acquired	Brent Celek	PHI	TE	Waiver Wire
Thu Nov 3 12:50 am ET	LORds of the gridiron	Released	Naaman Roosevelt	BUF	WR	Waiver Wire
Thu Nov 3 12:50 am ET	Nice Tries Are Worthless	Acquired	Kevin Faulk	NWE	RB	Waiver Wire
Thu Nov 3 12:50 am ET	West Coast Offense	Acquired	Matt Bryant	ATL	K	Waiver Wire
Thu Nov 3 12:50 am ET	Steelers for LIFE	Released	Danny Woodhead	NWE	RB	Waiver Wire
Thu Nov 3 12:50 am ET	Steelers for LIFE	Acquired	Curtis Brinkley	SDG	RB	Waiver Wire
Thu Nov 3 12:50 am ET	West Coast Titan Fan	Acquired	Evan Moore	CLE	TE	Waiver Wire
Thu Nov 3 12:50 am ET	West Coast Offense	Released	Davone Bess	MIA	WR	Waiver Wire
Thu Nov 3 3:11 pm ET	West Coast Titan Fan	Acquired	Derrick Ward	HOU	RB	Owner
Thu Nov 3 3:11 pm ET	West Coast Titan Fan	Released	Danario Alexander	STL	WR	Owner
Thu Nov 3 3:12 pm ET	West Coast Titan Fan	Acquired	Danny Ware	NYG	RB	Owner
Thu Nov 3 3:12 pm ET	West Coast Titan Fan	Released	Derrick Ward	HOU	RB	Owner
Thu Nov 3 3:16 pm ET	West Coast Titan Fan	Acquired	Kansas City Chiefs	KAN	Def/ST	Owner
Thu Nov 3 3:16 pm ET	West Coast Titan Fan	Released	Donald Brown	IND	RB	Owner
Thu Nov 3 3:23 pm ET	West Coast Titan Fan	Acquired	Kevin Boss	OAK	TE	Owner
Thu Nov 3 3:23 pm ET	West Coast Titan Fan	Released	Isaac Redman	PIT	RB	Owner
Fri Nov 4 4:04 pm ET	West Coast Offense	Acquired	Marion Barber	CHI	RB	Owner
Fri Nov 4 4:04 pm ET	West Coast Offense	Placed on IR	Peyton Hillis	CLE	RB	Owner
Fri Nov 4 4:10 pm ET	West Coast Offense	Acquired	Preston Parker	TAM	WR	Owner
Fri Nov 4 4:10 pm ET	West Coast Offense	Placed on IR	Hines Ward	PIT	WR	Owner
Fri Nov 4 10:56 pm ET	Steelers for LIFE	Placed on IR	Sebastian Janikowski	OAK	K	Owner
Fri Nov 4 10:56 pm ET	Steelers for LIFE	Taken off IR	Mike Tolbert	SDG	RB	Owner
Sun Nov 6 5:25 am ET	Jones-ing for a Miracle	Taken off IR	Julio Jones	ATL	WR	Owner
Sun Nov 6 5:25 am ET	Jones-ing for a Miracle	Placed on IR	Hakeem Nicks	NYG	WR	Owner
Sun Nov 6 11:44 am ET	Screamin' C-Men	Released	Damian Williams	TEN	WR	Owner
Sun Nov 6 11:44 am ET	Screamin' C-Men	Taken off IR	LeGarrette Blount	TAM	RB	Owner
Sun Nov 6 11:44 am ET	Screamin' C-Men	Taken off IR	Chris Ivory	NOR	RB	Owner
Sun Nov 6 11:44 am ET	Screamin' C-Men	Released	Johnny Knox	CHI	WR	Owner
Sun Nov 6 11:46 am ET	LORds of the gridiron	Acquired	Atlanta Falcons	ATL	Def/ST	Owner
Sun Nov 6 11:46 am ET	LORds of the gridiron	Released	New Orleans Saints	NOR	Def/ST	Owner
Sun Nov 6 12:23 pm ET	Dunavan's Donnybrookers	Released	Jacksonville Jaguars	JAC	Def/ST	Commissioner
Sun Nov 6 12:36 pm ET	Injured Reserves	Placed on IR	Kenny Britt	TEN	WR	Owner



Sun Nov 6 12:23 pm ET	Injured Reserves	Acquired	Dunavan's Donnybrookers	Acquired	Trade
	Kenny Britt, WR		Steven Jackson, RB		
	C.J. Spiller, RB		Wes Welker, WR		
	2012 Draft, Rnd 2		Released: Jacksonville Jaguars, Def/ST		
			2012 Draft, Rnd 20		

## Week 10

Tue Nov 8 5:52 pm ET	Steelers for LIFE	Taken off IR	Sebastian Janikowski	OAK	K	Owner
Tue Nov 8 5:52 pm ET	Steelers for LIFE	Released	Curtis Brinkley	SDG	RB	Owner
Thu Nov 10 12:50 am ET	Injured Reserves	Acquired	Earl Bennett	CHI	WR	Waiver Wire
Thu Nov 10 12:50 am ET	SNAKEBACONS	Acquired	Damian Williams	TEN	WR	Waiver Wire
Thu Nov 10 12:50 am ET	SNAKEBACONS	Released	Matt Hasselbeck	TEN	QB	Waiver Wire
Thu Nov 10 12:50 am ET	SNAKEBACONS	Acquired	Joshua Cribbs	CLE	WR	Waiver Wire
Thu Nov 10 12:50 am ET	SNAKEBACONS	Released	Seattle Seahawks	SEA	Def/ST	Waiver Wire
Thu Nov 10 12:50 am ET	SNAKEBACONS	Acquired	Jacoby Ford	OAK	WR	Waiver Wire
Thu Nov 10 12:50 am ET	SNAKEBACONS	Released	Niles Paul	WAS	WR	Waiver Wire
Thu Nov 10 12:50 am ET	Injured Reserves	Acquired	Leonard Hankerson	WAS	WR	Waiver Wire
Thu Nov 10 12:50 am ET	Injured Reserves	Released	Jermaine Gresham	CIN	TE	Waiver Wire
Thu Nov 10 12:50 am ET	LORds of the gridiron	Acquired	Vincent Brown	SDG	WR	Waiver Wire
Thu Nov 10 12:50 am ET	LORds of the gridiron	Released	Atlanta Falcons	ATL	Def/ST	Waiver Wire
Thu Nov 10 12:50 am ET	Dunavan's Donnybrookers	Acquired	Connor Barth	TAM	K	Waiver Wire
Thu Nov 10 12:50 am ET	Dunavan's Donnybrookers	Released	Adam Vinatieri	IND	K	Waiver Wire
Thu Nov 10 9:42 pm ET	Jones-ing for a Miracle	Taken off IR	Hakeem Nicks	NYG	WR	Owner
Thu Nov 10 9:42 pm ET	Jones-ing for a Miracle	Released	Greg Salas	STL	WR	Owner
Fri Nov 11 10:54 am ET	West Coast Offense	Taken off IR	Hines Ward	PIT	WR	Owner
Fri Nov 11 10:54 am ET	West Coast Offense	Released	Dexter McCluster	KAN	RB	Owner
Sat Nov 12 10:54 pm ET	Screamin' C-Men	Acquired	Matt Hasselbeck	TEN	QB	Owner
Sat Nov 12 10:54 pm ET	Screamin' C-Men	Placed on IR	Chris Ivory	NOR	RB	Owner
Sun Nov 13 1:40 am ET	West Coast Offense	Released	Preston Parker	TAM	WR	Commissioner
Sun Nov 13 2:33 am ET	Steelers for LIFE	Acquired	Dexter McCluster	KAN	RB	Owner

Sun Nov 13 1:40 am ET	Steelers for LIFE	Acquired	West Coast Offense	Acquired	Trade
	Jerome Simpson, WR		Plaxico Burress, WR		
	2012 Draft, Rnd 4		Pierre Garcon, WR		
			Released: Preston Parker, WR		
			2012 Draft, Rnd 20		

## Week 11

Tue Nov 15 10:15 am ET	LORds of the gridiron	Placed on IR	Emmanuel Sanders	PIT	WR	Owner
Tue Nov 15 10:15 am ET	LORds of the gridiron	Taken off IR	Jahvid Best	DET	RB	Owner
Tue Nov 15 10:03 pm ET	Screamin' C-Men	Placed on IR	Matt Schaub	HOU	QB	Owner
Thu Nov 17 12:59 am ET	Dunavan's Donnybrookers	Released	Phillip Tanner	DAL	RB	Waiver Wire
Thu Nov 17 12:59 am ET	Steelers for LIFE	Released	Mike Thomas	JAC	WR	Waiver Wire
Thu Nov 17 12:59 am ET	Dunavan's Donnybrookers	Acquired	Lance Ball	DEN	RB	Waiver Wire
Thu Nov 17 12:59 am ET	Steelers for LIFE	Released	Stevan Ridley	NWE	RB	Waiver Wire
Thu Nov 17 12:59 am ET	Steelers for LIFE	Acquired	Harry Douglas	ATL	WR	Waiver Wire
Thu Nov 17 12:59 am ET	Steelers for LIFE	Acquired	Kregg Lumpkin	TAM	RB	Waiver Wire
Thu Nov 17 12:59 am ET	LORds of the gridiron	Acquired	Danario Alexander	STL	WR	Waiver Wire
Thu Nov 17 12:59 am ET	West Coast Titan Fan	Released	Kansas City Chiefs	KAN	Def/ST	Waiver Wire
Thu Nov 17 12:59 am ET	West Coast Titan Fan	Acquired	Jacksonville Jaguars	JAC	Def/ST	Waiver Wire
Thu Nov 17 12:59 am ET	LORds of the gridiron	Released	Kevin Walter	HOU	WR	Waiver Wire
Thu Nov 17 3:46 am ET	Jones-ing for a Miracle	Released	John Beck	WAS	QB	Owner
Thu Nov 17 3:30 pm ET	Jones-ing for a Miracle	Acquired	Matt Moore	MIA	QB	Owner
Thu Nov 17 6:34 pm ET	Dunavan's Donnybrookers	Taken off IR	Sam Bradford	STL	QB	Owner
Thu Nov 17 6:34 pm ET	Dunavan's Donnybrookers	Released	Dane Sanzenbacher	CHI	WR	Owner
Thu Nov 17 7:13 pm ET	Screamin' C-Men	Acquired	Alex Henery	PHI	K	Owner
Thu Nov 17 7:53 pm ET	West Coast Titan Fan	Acquired	Rob Bironas	TEN	K	Owner
Thu Nov 17 7:53 pm ET	West Coast Titan Fan	Released	Kevin Boss	OAK	TE	Owner
Sat Nov 19 5:58 am ET	SNAKEBACONS	Released	Ryan Williams	ARI	RB	Owner
Sat Nov 19 5:58 am ET	SNAKEBACONS	Placed on IR	Darren McFadden	OAK	RB	Owner
Sat Nov 19 5:58 am ET	SNAKEBACONS	Released	Knowshon Moreno	DEN	RB	Owner
Sat Nov 19 5:59 am ET	SNAKEBACONS	Acquired	Donald Brown	IND	RB	Owner



Sat Nov 19 6:01 am ET	SNAKEBACONS	Acquired	Danny Woodhead	NWE	RB	Owner
Sat Nov 19 6:20 am ET	SNAKEBACONS	Acquired	Andre Caldwell	CIN	WR	Owner
Sat Nov 19 6:20 am ET	SNAKEBACONS	Released	Demaryius Thomas	DEN	WR	Owner
Sat Nov 19 10:06 am ET	LORds of the gridiron	Taken off IR	Emmanuel Sanders	PIT	WR	Owner
Sat Nov 19 10:06 am ET	LORds of the gridiron	Placed on IR	Malcom Floyd	SDG	WR	Owner
Sat Nov 19 10:16 am ET	LORds of the gridiron	Acquired	Preston Parker	TAM	WR	Owner
Sat Nov 19 10:16 am ET	LORds of the gridiron	Released	Danario Alexander	STL	WR	Owner
Sat Nov 19 11:53 pm ET	Injured Reserves	Released	Leonard Hankerson	WAS	WR	Commissioner
Sun Nov 20 1:35 am ET	LORds of the gridiron	Acquired	Jermaine Gresham	CIN	TE	Owner
Sun Nov 20 5:06 am ET	Jones-ing for a Miracle	Acquired	Matt Leinart	HOU	QB	Owner
Sun Nov 20 5:06 am ET	Jones-ing for a Miracle	Placed on IR	Michael Vick	PHI	QB	Owner
Sun Nov 20 8:50 am ET	Nice Tries Are Worthless	Acquired	Arizona Cardinals	ARI	Def/ST	Owner
Sun Nov 20 8:50 am ET	Nice Tries Are Worthless	Released	Mason Crosby	GNB	K	Owner
Sun Nov 20 8:50 am ET	Nice Tries Are Worthless	Acquired	Mason Crosby	GNB	K	Owner
Sun Nov 20 8:50 am ET	Nice Tries Are Worthless	Released	Rian Lindell	BUF	K	Owner
Sat Nov 19 11:53 pm ET	LORds of the gridiron Anquan Boldin, WR	Acquired	Injured Reserves Owen Daniels, TE Emmanuel Sanders, WR Released: Leonard Hankerson, WR	Acquired		Trade

## Week 12

Tue Nov 22 1:35 pm ET	Steelers for LIFE	Placed on IR	Jeremy Maclin	PHI	WR	Owner
Wed Nov 23 10:03 pm ET	Screamin' C-Men	Taken off IR	Chris Ivory	NOR	RB	Owner
Wed Nov 23 10:03 pm ET	Screamin' C-Men	Placed on IR	Fred Jackson	BUF	RB	Owner
Thu Nov 24 12:56 am ET	SNAKEBACONS	Acquired	Joe McKnight	NYJ	RB	Waiver Wire
Thu Nov 24 12:56 am ET	SNAKEBACONS	Released	Jacoby Ford	OAK	WR	Waiver Wire
Thu Nov 24 12:56 am ET	SNAKEBACONS	Acquired	Toby Gerhart	MIN	RB	Waiver Wire
Thu Nov 24 12:56 am ET	SNAKEBACONS	Released	Keiland Williams	DET	RB	Waiver Wire
Thu Nov 24 12:56 am ET	Leaf's Fan Club	Acquired	Johnny White	BUF	RB	Waiver Wire
Thu Nov 24 12:56 am ET	Leaf's Fan Club	Released	DeAngelo Williams	CAR	RB	Waiver Wire
Thu Nov 24 12:56 am ET	Screamin' C-Men	Acquired	Kevin Smith	DET	RB	Waiver Wire
Thu Nov 24 12:56 am ET	Leaf's Fan Club	Acquired	Alex Green	GNB	RB	Waiver Wire
Thu Nov 24 12:56 am ET	Leaf's Fan Club	Released	Tampa Bay Buccaneers	TAM	Def/ST	Waiver Wire
Thu Nov 24 12:56 am ET	Leaf's Fan Club	Acquired	Matt Flynn	GNB	QB	Waiver Wire
Thu Nov 24 12:56 am ET	Leaf's Fan Club	Released	Robbie Gould	CHI	K	Waiver Wire
Thu Nov 24 1:12 am ET	SNAKEBACONS	Released	Delone Carter	IND	RB	Owner
Thu Nov 24 4:00 am ET	SNAKEBACONS	Acquired	Jacob Tamme	IND	TE	Owner
Thu Nov 24 4:07 am ET	SNAKEBACONS	Released	Andre Caldwell	CIN	WR	Owner
Thu Nov 24 4:07 am ET	SNAKEBACONS	Acquired	Johnny Knox	CHI	WR	Owner
Thu Nov 24 4:15 am ET	SNAKEBACONS	Acquired	DeAngelo Williams	CAR	RB	Owner
Thu Nov 24 4:15 am ET	SNAKEBACONS	Released	Jackie Battle	KAN	RB	Owner
Thu Nov 24 8:02 am ET	LORds of the gridiron	Taken off IR	Santana Moss	WAS	WR	Owner
Thu Nov 24 8:02 am ET	LORds of the gridiron	Placed on IR	Jahvid Best	DET	RB	Owner
Thu Nov 24 9:08 am ET	Leaf's Fan Club	Placed on IR	Alex Green	GNB	RB	Owner
Thu Nov 24 9:08 am ET	Leaf's Fan Club	Placed on IR	James Starks	GNB	RB	Owner
Thu Nov 24 9:44 am ET	Leaf's Fan Club	Acquired	Greg Salas	STL	WR	Owner
Thu Nov 24 9:47 am ET	Leaf's Fan Club	Acquired	Seattle Seahawks	SEA	Def/ST	Owner
Thu Nov 24 9:47 am ET	Leaf's Fan Club	Acquired	T.J. Yates	HOU	QB	Owner
Thu Nov 24 9:47 am ET	Leaf's Fan Club	Released	Mark Clayton	STL	WR	Owner
Thu Nov 24 9:49 am ET	Leaf's Fan Club	Acquired	Kyle Rudolph	MIN	TE	Owner
Thu Nov 24 9:49 am ET	Leaf's Fan Club	Released	T.J. Yates	HOU	QB	Owner
Thu Nov 24 11:11 am ET	Steelers for LIFE	Released	Braylon Edwards	---	WR	Owner
Thu Nov 24 12:05 pm ET	West Coast Titan Fan	Acquired	Jake Locker	TEN	QB	Owner
Thu Nov 24 12:05 pm ET	West Coast Titan Fan	Acquired	Kyle Orton	KAN	QB	Owner
Thu Nov 24 12:05 pm ET	West Coast Titan Fan	Taken off IR	Andre Johnson	HOU	WR	Owner
Thu Nov 24 12:05 pm ET	West Coast Titan Fan	Released	Rob Bironas	TEN	K	Owner
Thu Nov 24 12:05 pm ET	West Coast Titan Fan	Released	Evan Moore	CLE	TE	Owner
Thu Nov 24 12:05 pm ET	West Coast Titan Fan	Placed on IR	Matt Cassel	KAN	QB	Owner
Thu Nov 24 1:03 pm ET	SNAKEBACONS	Acquired	Robbie Gould	CHI	K	Owner
Thu Nov 24 1:03 pm ET	SNAKEBACONS	Released	Billy Cundiff	BAL	K	Owner
Thu Nov 24 8:38 pm ET	LORds of the gridiron	Acquired	Atlanta Falcons	ATL	Def/ST	Owner



Thu Nov 24 8:38 pm ET	LORds of the gridiron	Released	Preston Parker	TAM	WR	Owner
Fri Nov 25 4:31 pm ET	LORds of the gridiron	Released	Jahvid Best	DET	RB	Owner
Sat Nov 26 4:53 pm ET	LORds of the gridiron	Acquired	New Orleans Saints	NOR	Def/ST	Owner
Sat Nov 26 4:53 pm ET	LORds of the gridiron	Released	Cleveland Browns	CLE	Def/ST	Owner
Sun Nov 27 12:36 pm ET	Steelers for LIFE	Placed on IR	Jeremy Maclin	PHI	WR	Owner
Sun Nov 27 12:36 pm ET	Steelers for LIFE	Taken off IR	Lee Evans	BAL	WR	Owner

Thu Nov 24 4:24 pm ET	Leaf's Fan Club	Acquired	LORds of the gridiron	Acquired	Trade
	Kendall Hunter, RB		Calvin Johnson, WR		
	2012 Draft, Rnd 5		2012 Draft, Rnd 20		
	2013 Draft, Rnd 4		2013 Draft, Rnd 20		

## Week 13

Tue Nov 29 9:55 pm ET	West Coast Offense	Taken off IR	Peyton Hillis	CLE	RB	Owner
Tue Nov 29 9:55 pm ET	West Coast Offense	Released	Michael Jenkins	MIN	WR	Owner
Wed Nov 30 10:21 am ET	LORds of the gridiron	Taken off IR	Malcom Floyd	SDG	WR	Owner
Wed Nov 30 10:21 am ET	LORds of the gridiron	Placed on IR	Taiwan Jones	OAK	RB	Owner
Thu Dec 1 12:59 am ET	Nice Tries Are Worthless	Acquired	Marcel Reece	OAK	RB	Waiver Wire
Thu Dec 1 12:59 am ET	Nice Tries Are Worthless	Released	Ryan Torain	WAS	RB	Waiver Wire
Thu Dec 1 12:59 am ET	LORds of the gridiron	Acquired	Keiland Williams	DET	RB	Waiver Wire
Thu Dec 1 12:59 am ET	LORds of the gridiron	Released	Bernard Scott	CIN	RB	Waiver Wire
Thu Dec 1 12:59 am ET	Dunavan's Donnybrookers	Acquired	Denver Broncos	DEN	Def/ST	Waiver Wire
Thu Dec 1 12:59 am ET	Dunavan's Donnybrookers	Released	Visanthe Shiancoe	MIN	TE	Waiver Wire
Thu Dec 1 12:59 am ET	Nice Tries Are Worthless	Acquired	Jahvid Best	DET	RB	Waiver Wire
Thu Dec 1 12:59 am ET	Nice Tries Are Worthless	Released	Jeremy Kerley	NYJ	WR	Waiver Wire
Thu Dec 1 6:49 am ET	Nice Tries Are Worthless	Acquired	Brandon LaFell	CAR	WR	Owner
Thu Dec 1 6:49 am ET	Nice Tries Are Worthless	Acquired	Ben Obomanu	SEA	WR	Owner
Thu Dec 1 6:49 am ET	Nice Tries Are Worthless	Released	Benjamin Watson	CLE	TE	Owner
Thu Dec 1 6:49 am ET	Nice Tries Are Worthless	Placed on IR	Sidney Rice	SEA	WR	Owner
Thu Dec 1 6:52 am ET	Nice Tries Are Worthless	Acquired	John Kuhn	GNB	RB	Owner
Thu Dec 1 6:52 am ET	Nice Tries Are Worthless	Released	Kevin Faulk	NWE	RB	Owner
Thu Dec 1 6:55 am ET	Nice Tries Are Worthless	Acquired	Brad Smith	BUF	QB	Owner
Thu Dec 1 6:55 am ET	Nice Tries Are Worthless	Released	Washington Redskins	WAS	Def/ST	Owner
Fri Dec 2 12:37 am ET	Steelers for LIFE	Acquired	Ryan Williams	ARI	RB	Owner
Fri Dec 2 12:37 am ET	Steelers for LIFE	Released	Kregg Lumpkin	TAM	RB	Owner
Fri Dec 2 12:37 am ET	Steelers for LIFE	Placed on IR	Ryan Williams	ARI	RB	Owner
Fri Dec 2 12:49 am ET	Steelers for LIFE	Acquired	Kregg Lumpkin	TAM	RB	Owner
Fri Dec 2 12:57 am ET	Steelers for LIFE	Acquired	St. Louis Rams	STL	Def/ST	Owner
Fri Dec 2 6:28 am ET	Jones-ing for a Miracle	Acquired	Donovan McNabb	---	QB	Owner
Fri Dec 2 6:28 am ET	Jones-ing for a Miracle	Released	Matt Leinart	HOU	QB	Owner
Sun Dec 4 11:28 am ET	West Coast Titan Fan	Acquired	Earnest Graham	TAM	RB	Owner
Sun Dec 4 11:28 am ET	West Coast Titan Fan	Acquired	Knowshon Moreno	DEN	RB	Owner
Sun Dec 4 11:28 am ET	West Coast Titan Fan	Released	Jason Hill	DEN	WR	Owner
Sun Dec 4 11:28 am ET	West Coast Titan Fan	Released	Danny Ware	NYG	RB	Owner

## Playoff Week 1

Wed Dec 7 12:14 am ET	Steelers for LIFE	Released	Lee Evans	BAL	WR	Commissioner
Wed Dec 7 12:14 am ET	Steelers for LIFE	Taken off IR	Jeremy Maclin	PHI	WR	Commissioner
Wed Dec 7 12:15 am ET	Steelers for LIFE	Placed on IR	Matt Forte	CHI	RB	Commissioner
Sun Dec 11 12:45 pm ET	Jones-ing for a Miracle	Taken off IR	Michael Vick	PHI	QB	Commissioner
Sun Dec 11 12:45 pm ET	Jones-ing for a Miracle	Released	Donovan McNabb	---	QB	Commissioner
Sun Dec 11 6:24 pm ET	Screamin' C-Men	Acquired	Demaryius Thomas	DEN	WR	Commissioner
Sun Dec 11 6:24 pm ET	Screamin' C-Men	Released	Matt Schaub	HOU	QB	Commissioner
Sun Dec 11 6:24 pm ET	Screamin' C-Men	Placed on IR	Scott Chandler	BUF	TE	Commissioner

## Playoff Week 2

Thu Dec 15 12:21 am ET	Steelers for LIFE	Acquired	Kahlil Bell	CHI	RB	Commissioner
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## Playoff Week 3

Fri Dec 23 2:13 pm ET	SNAKEBACONS	Acquired	Andre Roberts	ARI	WR	Commissioner
Fri Dec 23 2:13 pm ET	SNAKEBACONS	Released	Johnny Knox	CHI	WR	Commissioner





# Roy's Football League

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Fri Dec 23 2:14 pm ET	LORds of the gridiron	Taken off IR	Taiwan Jones	OAK	RB	Commissioner
Fri Dec 23 2:14 pm ET	LORds of the gridiron	Placed on IR	Anquan Boldin	BAL	WR	Commissioner
Sun Dec 25 11:32 am ET	Screamin' C-Men	Released	Scott Chandler	BUF	TE	Commissioner
Sun Dec 25 11:34 am ET	Leaf's Fan Club	Taken off IR	James Starks	GNB	RB	Commissioner
Sun Dec 25 11:34 am ET	Leaf's Fan Club	Placed on IR	Greg Salas	STL	WR	Commissioner

## Offseason